

Year 7 Girls Football Lightning Carnival Monday 6th May 2024 UWA Sports Park





ACC 2024 Lightning Carnival

GIRLS Year 7 Football



Protection from the elements Slip-Slop-Slap

Wet weather Gear to be worn only between games. Bring spare set of dry clothes.

Inclement weather Phone Cherie Pirnie (ACC), 044 750 2248 at 8:00am for confirmation.

Equipment Return all goal posts and markers to the central administration area.

Ice Cream vendor Use during lunch period or BYE round.

Clean Up Completed continuously as the day progresses. Major clean up at 14:00 - 14:30.

First Aid Minor injuries to your staff member. More serious injuries to the First Aid post.

Sports Controller and Facility Supervision

Lumen Christi College | Craig Preshaw | 0478 518 065

SCHOOL # OF TEAMS	CODE
Mater Dei College x1	MDC
Mercedes College x3	MER
St Brigid's College x1	SBC
Kolbe Catholic College x2	KOL
Holy Cross College x1	нсс
Ursula Frayne College x1	UFC
Lumen Christi College x1	LCC

FIXTURES

TIXTORED	
ROUND 1 - 10:30	FIELD
KOL 2 v LCC 1	GREY 1
MDC 1 v MER 3	GREY 2
UFC 1 v SBC 1	GREY 3
KOL 1 v MER 2	BLACK 1
MER 1 v KOL 1	BLACK 2
ROUND 2 - 11:00	FIELD
HCC 1 v MDC 1	GREY 1
SBC 1 v KOL 2	GREY 2
MER 3 v KOL 1	GREY 3
LCC 1 v UFC 1	BLACK 1
MER 2 v MER 1	BLACK 2
ROUND 3 - 11:30	FIELD
LCC 1 v SBC 1	GREY 1
KOL 1 V HCC 1	GREY 2
KOL 2 V MDC 1	GREY 3
MER 1 V MER 3	BLACK 1
UFC 1 v MER 2	BLACK 2

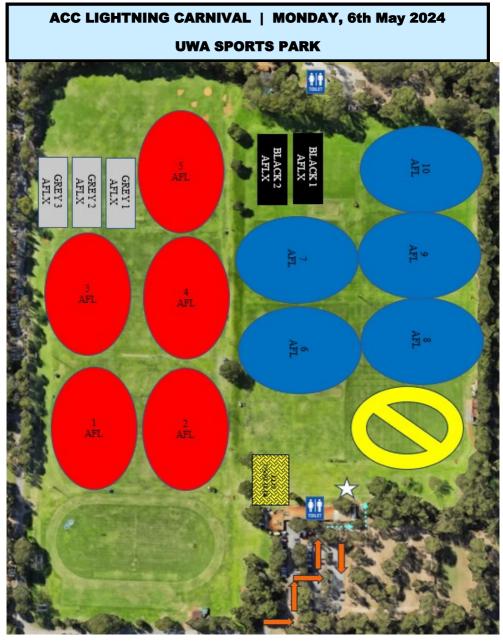
FIXTURES		
ROUND 4 - 12:00	FIELD	
MDC 1 v KOL 1	GREY 1	
SBC 1 v LCC 1	GREY 2	
HCC 1 v MER 1	GREY 3	
MER 2 v KOL 2	BLACK 1	
MER 2 v UFC 1	BLACK 2	
LUNCH 12:30 - 13:00		
ROUND 5 - 13:00	FIELD	
SBC 1 v KOL 1	GREY 1	
MER 1 v MDC 1	GREY 2	
LCC 1 v MER 2	GREY 3	
UFC 1 v HCC 1	BLACK 1	
KOL 2 V MER 3	BLACK 2	
ROUND 6 - 13:30	FIELD	
MER 1 v KOL 1	GREY 1	
SBC 1 v MER 2	GREY 2	
UFC 1 v MDC 1	GREY 3	
LCC 1 v MER 3	BLACK 1	
KOL 2 V HCC 1	BLACK 2	

CONDITIONS OF PLAY

- Players on field 7 per side
- Smaller soccer (rectangle) size pitch (AFLX). 70m x 50m approx.
- Strongly advise player positioning of two forwards, three midfielders, and two defenders. Fast, free flowing football with heavy rotations to be encouraged at all times.
- No centre bounce. Kick in from full back after point and goals.
- Normal AFL code rules except as stated below:
- No boundary throw ins (ball kicked in by non-offending team, last touch rule)
- No unduly rough play or conduct against the "Codes of Behaviour" will be tolerated.
- Tackling: Wrap around tackle or hand tackle is permitted.
 - Whereby a player applies a legal tackle, the player with the ball must dispose of it correctly within three seconds or a free kick for "holding the ball" will be awarded.
 - If player with the ball had ample time to dispose of the ball prior to be being tackled, they will be deemed "holding the ball" also.
 - If a player bounces the ball whilst being tackled, they will be deemed "holding the ball."
 - In a "wrap around tackle" the tackler may wrap arms around the body and or arms of the opponent. Players may also bring their opponent to the ground in the tackle provided it is not via "slinging".
 - "Slinging" a player is strictly not permitted. A sling occurs when the actions of the tackler cause the player to be thrown to the ground after or during possession.
- Bumping / Barging:
 - Bumping and barging is permitted as per AFL laws.
 - A player may make contact with another player by using his hip, shoulder, chest, arms or open hands provided that the football is no more than 5 metres away from the player.
 - A player may also fend off an opponent using an open hand to the chest or side of the body provided that the football is no more than 5 metres away from the player.
- High Contact: No contact above the shoulder is permitted.
 - Umpires are instructed to award free kicks for any high contact. A free kick will be awarded regardless of whether the high contact is intentional or unintentional.

CONDITIONS OF PLAY

- WAFC Red/Yellow Send Off Card system will operate. A player can be warned or sent off immediately for conduct against the "Codes of Behaviour" or unduly rough play:
- YELLOW : order off/cool off for 15 minutes playing time (replacement player is permitted immediately). Coach responsible for timing the send-off period.
- RED : Order off/stay off for the remainder of the match (replacement player is permitted only after 15 minutes of playing time has elapsed). Coach responsible for timing send off period.
- No centre square".
- 1 running bounce only before a player must dispose of the ball.
- 15m penalties where necessary
- Reserve to do goal umpire job (white flags essential).



PLEASE NOTE

Map is NOT to scale. Grounds may change on the day if required, but will be clearly marked



Out of bounds



Bus entry route



Participant entry point

